

PAINESVILLE SUNRISE 5 MILE RUN 5 MILE RUN

Age Group Results

July 11, 2010

Results By Race Management Systems, Inc.

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Overall Female OVERALL 5K FINISHERS Winners

Place	Name	City	Age	Overall	Time	Pace
1	Jen White	Concord OH	29	5	32:11.0	6:26/M
2	Pamela Rickard	Rocky Mount VA	48	17	35:05.3	7:01/M
3	Lori Burns	Concord OH	21	22	35:43.4	7:09/M

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FEMALE 14 & UNDER

Place	Name	City	Age	Overall	Time	Pace
1	Courtney Rulison	Burton OH	13	29	37:15.4	7:27/M

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FEMALE 15 to 19

Place	Name	City	Age	Overall	Time	Pace
1	BETH DELLADONNA	PAINESVILLE TWP OH	15	63	53:27.7	10:41/M

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FEMALE 20 to 24

Place	Name	City	Age	Overall	Time	Pace
1	Kayla Pfouts	Perry OH	22	67	56:31.6	11:18/M
2	Christina Pfouts	Perry OH	21	68	56:57.8	11:23/M

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FEMALE 25 to 29

Place	Name	City	Age	Overall	Time	Pace
1	AMBER BROCHETTI	PARMA OH	25	47	42:34.6	8:31/M
2	JILLIAN RANTAMAKI	PAINESVILLE OH	27	71	57:26.7	11:29/M
3	NATASHA D. BARNES	WARRENSVILLE HEIGHTS OH	29	72	57:32.4	11:30/M

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FEMALE 30 to 34

Place	Name	City	Age	Overall	Time	Pace
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1	Laurie Colon	Painesville OH	32	23	35:48.1	7:10/M
2	WENDY HOFFMAN	MONTVILLE OH	34	35	38:49.8	7:46/M
3	Susie McKeon	Perry OH	31	52	46:22.1	9:16/M
4	KELLY CASTO	MADISON OH	32	73	58:26.7	11:41/M
5	JILL POPP	PAINESVILLE OH	33	74	58:34.8	11:43/M

[Top](#)**FEMALE 35 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	AMANDA CONDON	PAINESVILLE OH	35	48	44:20.9	8:52/M
2	Angela Pepp	Painesville OH	39	53	47:33.1	9:31/M
3	SARA LeMOND	PERRY OH	35	57	49:15.2	9:51/M
4	DANIELLE FIDANZA	PAINESVILLE OH	36	62	53:11.5	10:38/M
5	MANDY LEONARD	LEROY OH	37	64	54:40.3	10:56/M
6	Julie Faner	Mentor OH	35	65	55:03.3	11:01/M
7	MISTY McFARLAND	PERRY OH	35	75	1:01:45.5	12:21/M

[Top](#)**FEMALE 40 to 44**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amy Delano	Concord Township OH	41	51	46:07.1	9:13/M
2	KIMBERLY REED	WILLOUGHBY OH	42	56	48:53.9	9:47/M
3	LESLIE FERUS	CONCORD OH	43	60	52:53.2	10:35/M
4	DENISE GLOVER	WILLOUGHBY HILLS OH	42	69	57:24.9	11:29/M
5	DAWN CHRISTIE	PAINESVILLE OH	44	70	57:26.4	11:29/M

[Top](#)**FEMALE 45 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	CHERI CLIFFORD	PERRY OH	49	54	47:34.3	9:31/M

[Top](#)**FEMALE 50 to 54**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	CATHY JOHNSTON	PAINESVILLE OH	51	34	38:31.4	7:42/M
2	Ann Smeradu	Painesville OH	50	38	39:32.6	7:54/M

[Top](#)**FEMALE 60 to 64**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	JEANNIE RICE	CONCORD OH	62	27	36:32.5	7:18/M

[Top](#)**FEMALE 65 & OVER**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jean Toth	Wickliffe OH	74	66	55:29.3	11:06/M

[Top](#)**Overall Male OVERALL 5K FINISHERS Winners**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	CODY LANCASTER	EASTLAKE OH	19	1	27:33.7	5:31/M
2	Bill Dennison	Painesville OH	34	2	28:30.5	5:42/M
3	Jeremy Verdi	Madison OH	30	3	29:50.6	5:58/M

[Top](#)**Male 0 and under**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	RONALD M. TRAUB	MENTOR OH	0	59	52:13.4	10:27/M

[Top](#)**MALE 14 & UNDER**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	MYLES HAMMOND	PAINESVILLE OH	12	77	1:05:17.9	13:03/M

[Top](#)**MALE 15 to 19**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	DYLAN COPE	PORTLAND IN	15	8	33:10.2	6:38/M

[Top](#)**MALE 20 to 24**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	THOMAS SZYMANSKI	MIDDLEFIELD OH	24	4	30:37.3	6:07/M

[Top](#)**MALE 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bill Eppich	Painesville OH	32	37	39:13.0	7:51/M

[Top](#)**MALE 35 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	GEOFF WEBER	CONCORD OH	38	12	34:02.1	6:48/M
2	Radames Colon	Painesville OH	35	14	34:42.6	6:56/M
3	KEVIN MEYER	CHARDON OH	37	21	35:41.2	7:08/M
4	Sebastian Sanzotta	Painesville OH	35	24	36:05.5	7:13/M
5	Nick Zeman	Cleveland OH	36	28	36:43.1	7:21/M
6	ETHAN KUCZKOWSKI	PAINESVILLE OH	35	33	38:05.2	7:37/M
7	RICK LAUGHINGHOUSE	MENTOR OH	39	41	40:22.5	8:04/M
8	CHUCK KREJSA	MENTOR OH	37	44	41:38.1	8:20/M
9	Paul Pinick Jr.	Ashtabula OH	37	46	42:25.8	8:29/M

[Top](#)**MALE 40 to 44**

Place	Name	City	Age	Overall	Time	Pace
1	Alan Kreider	Kingsville OH	43	7	32:25.1	6:29/M
2	MIKE PIPER	WICKLIFFE OH	41	9	33:23.8	6:41/M
3	JIM PIPER	WICKLIFFE OH	44	11	33:46.9	6:45/M
4	VERNON FORRISTAL	ROCK CREEK OH	43	13	34:06.1	6:49/M
5	Dane Hubbard	Mentor OH	44	26	36:28.4	7:18/M
6	Chris Rulison	Burton OH	42	30	37:16.6	7:27/M
7	DON PROVIDENT	MENTOR OH	41	39	39:33.9	7:55/M
8	LARRY REIK	EASTLAKE OH	41	43	41:37.0	8:19/M
9	Sandy DeWit	Painesville OH	43	76	1:02:21.8	12:28/M

[Top](#)**MALE 45 to 49**

Place	Name	City	Age	Overall	Time	Pace
1	Mike Knoble	Painesville OH	48	19	35:18.6	7:04/M
2	Kevin Tenkicu	Novelty OH	48	36	38:56.8	7:47/M
3	DONALD PORZ	WILLOUGHBY OH	46	40	40:14.0	8:03/M
4	GREG ALDERMAN	ORWELL OH	47	50	44:56.3	8:59/M
5	Michael D'Amico	Madison OH	49	55	47:55.6	9:35/M

[Top](#)**MALE 50 to 54**

Place	Name	City	Age	Overall	Time	Pace
1	Toby Dunlap	Concord OH	53	6	32:12.5	6:26/M
2	RICK WEBB	MUNSON OH	51	10	33:28.6	6:42/M
3	Greg Lentz	Chardon OH	50	16	34:57.0	6:59/M
4	Andy Rattray	Willoughby OH	53	18	35:16.3	7:03/M
5	Charles Howe	Olmsted Falls OH	52	20	35:38.3	7:08/M
6	EDDIE MITCHELL	EUCLID OH	51	32	37:45.8	7:33/M
7	PAUL SPEYER	PAINESVILLE OH	50	42	41:30.4	8:18/M

[Top](#)**MALE 55 to 59**

Place	Name	City	Age	Overall	Time	Pace
1	ANDY PETRO	PARMA OH	56	25	36:11.2	7:14/M
2	Nino Monaco	Mayfield OH	58	31	37:40.9	7:32/M
3	JOE SAVOCA	MENTOR OH	57	45	42:08.1	8:26/M
4	Jim Frey	Painesville OH	59	49	44:28.1	8:54/M

[Top](#)**MALE 60 to 64**

Place	Name	City	Age	Overall	Time	Pace
1	LENNY RICHTER SR.	WILLOWICK OH	62	15	34:45.7	6:57/M

[Top](#)**MALE 65 & OVER**

Place	Name	City	Age	Overall	Time	Pace
1	Carl Schneider	Auburn Township OH	69	58	49:21.4	9:52/M

2	RUSSELL BAER	PAINESVILLE OH	68	61	52:59.8	10:36/M
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