



NORTHEAST RUNNING CLUB'S 27th ANNUAL 5 MILE RUN

- **DATE:** Sunday, November 7, 2010
- **TIME:** 9:00 AM (Race Day Registration begins at 7:30 AM in Farmpark lobby)
- **PLACE:** Lake Farmpark 1-800-366-FARM
8800 Chardon Road (State Route 6), Kirtland, OH 44094
- **COST:** Pre-Registration \$17.00, NERC members \$15.00;
Race Day Registration all \$20.00 (No Refunds)
Pre-Registration Deadline: Postmarked no later than Monday, October 25
- **DIRECTIONS:** Take I-90 to the Route 306 exit; Continue South to the Route 6 intersection; Go left (east) on Route 6 to Lake Farmpark, on the right hand (south) side of the road.
- **FEATURES:** A scenic 5-mile run on pavement, wooded trail, open pastures, gravel roads, and even through a horse barn on Lake Farmpark's 235 acres. Timers every mile. Long-sleeve technical shirt to the first 200 registered. Free admission for runner and \$1 off for family & friends who wish to stay and enjoy the Farmpark after the race. Post race refreshments will be provided. Drawing for additional prizes at awards presentation.
- **SPIKES:** are **not** recommended as a portion of this race will be run on asphalt
- **AWARDS:** Top 3 overall, Top 3 in the following categories for men and women:
14 & under, 15-19, 20-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over
- **PROCEEDS:** Benefit the Northeast Running Club (NERC) Scholarship Fund
- **PRE-REGISTRATION:** by mail (see below) or register online @ www.active.com
- **INFORMATION:** Email Mark Anson at meacta@hotmail.com; put "Autumn Leaves" in the subject

AUTUMN LEAVES 2010 ENTRY FORM – PLEASE PRINT

Entry and release of all claims – In consideration of the acceptance of my entry in the NERC Autumn Leaves Race, the undersigned, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for losses and damages I may now or hereafter have or incur against the Northeast Running Club, Lake Metroparks, and any sponsor, officer, and member of said organization, their representatives, successors, assigns, and any individuals who are in any way connected with this event. I further release such parties from liability or claims for any injury or illness which I may sustain in connection with my participation in this event. I further agree that none of the above persons or entities will be responsible for the loss of my personal items at or during this event. I voluntarily participate in this event and recognize that risks or injury may accompany such participation. I understand that no special medical attention will be provided at this event beyond what is otherwise normally available in the community in which this event will take place and I acknowledge that this release is being relied upon by those permitting me to participate in this event.

NAME: _____ T-SHIRT SIZE (please circle): S M L XL
SEX: _____ AGE ON DATE OF RACE: _____ EMAIL: _____
STREET ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____
SIGNATURE: _____
Parent Guardian Signature (required if under age 18 on race day): _____

Please make checks payable to: *Northeast Running Club* and send to:

Mark Anson, 4158 Wilmington Rd, South Euclid, OH 44121-3137

Visit the NERC website at WWW.NORTHEASTRUNNINGCLUB.ORG